

Raw Oats Breakfast Blend

- 2- 24 oz. containers of raw steel cut oats
 - 16oz package of raisins
 - 3 cups raw sliced almonds
 - 2 cups unsweetened coconut
 - 1 cup flax seeds
 - 2 Tbsp. cinnamon
1. Place all ingredients into a large storage container and mix or shake until blended.
 2. Soak $\frac{1}{2}$ - 1 cup of mixture in equal parts milk alternative overnight in refrigerator.
 3. Mixture will soak up liquid overnight and be soft in the morning. Add a little more milk alternative to taste and eat as is.